

Activity Guide

Junction City Area



Don't miss out,
the Activity Guide is going digital,
to receive future copy, email:
communitycenter@ci.junction-city.or.us
Or

Call the JC Community Center
At 541.998.4767

Junction City Community Services
Department

Fall 2012

Global Explorers Afterschool

GLOBAL EXPLORERS

After School at JC Community Center



**Mon-Wed-Fri
until 5:30 pm
Grades K-8th**

**Bus Service
from School to
Community
Center.**

**Active play, food,
arts & crafts.**

**Limited
Scholarships
Available
Space Limited
541. 998. 4767**

2012-2013 Global Explorers:

Heroes Around the World

In our search for Heroes we will compare and contrast the heroes we find in Comic Books, Movies, Legends & Folk Tales, with the Heroes we find in our everyday life in our Communities and our Nation, and our World.

Learn how YOU can be a Hero by
“standing up, not standing by”.



Family Activities at JC Community Center 541.998.4767



Our Parent-Tot Group

Parents bring your tots and come have a great time at our FREE Parent-Tot Group. Play, read, learn, sing, share stories

and a healthy snack. Discuss topics of interest to you and to other parents as well. (Birth to 5)

Date: Every Tuesday
beginning 9-11-12

Time: 9:30-11:00am

Cost/Reg: Free including a
healthy snack

Activity Leader: JC

Community Center Volunteer

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Nurturing Families

This FREE 10-week class will be offered this Fall to local families that would like to enhance their family nurturing. This will be an opportunity to expand the skills needed to positively impact your children and other children in your life. All resource materials are provided.

Date: 10 weeks beginning 10-2-12 to 12-18-12

Time: Tuesdays 11:00-1:00pm

Cost/Reg: FREE if you register by 9/28. Register by calling the JC Community Center at 541.998.4767 Limited spaces available. Minimum of 8 registered participants to offer class.

Benefits: Lunch provided for parents and children. Child specific activities provided for children while parents are attending class.

Activity Leader: “Nurturing Parent” Trained Volunteer



Building Blocks

Christian Childcare and Preschool

30 months – 12 years old

M-F 6:00am to 6:00pm

Preschool

Full & Part Time

Before & After School Care

School Closure Care



Fun, Flexible & Reliable

Free Trial Day

Competitively Priced

HUGE Lego Program

Check Out Our Website, Call or E-Mail Us For More Info



575 Greenwood Street, JC

541-998-7619

<http://bbcchildcare.com>



Adult Special Interest at JC Community Center 541.998.4767

Stretching Your Dollar

FREE Money Management Class
Find out what you can do to survive -
budgets, credit reports, credit scores,
utilities, and more.

Date: 6:00-8:30pm

Thursdays: October 11, 18, 25 and
November 1

Cost/Reg: Participation is FREE to residents of Junction City,
Harrisburg, Monroe and surrounding area

Call Colleen Stewart at 541.687.5820 x142 to sign up

Service Leader: St Vincent de Paul staff



English Today!

Making Friends with English in
everyday life! Adult Beginner
Level starting again in
November, 2012.

Time/Date: 6:00-8:00 pm

Tuesday and Thursday
November 6, 8, 13, 15, 20, 27,
29 December 4, 6, 11

Cost/Reg: \$35 for six weeks
(Scholarships Available)

Instructor: Nadine World 541.998.4767



Senior Health Insurance Benefits Assistance

The SHIBA program provides free counseling to people with Medicare. We can help you select a Medicare prescription drug plan, compare Medicare Advantage and Medicare Supplement Plans, help you apply for Medicare Saving Programs, and help with Medicare Prescription Coverage.

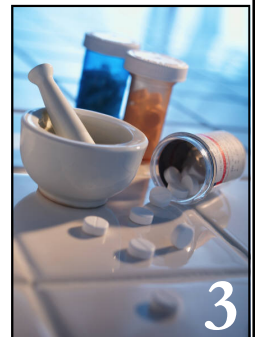
Date: Every 1st and 3rd Tuesday by appt. only

During Open Enrollment, appts. will be every Tuesday between October 16 & December 4

Cost/Reg: Participation is FREE

Call JC Community Center 541.998.4767 for appointment

Service Leader: State of Oregon SHIBA Volunteers



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Fitness Classes at JC Community Center 541.998.4767

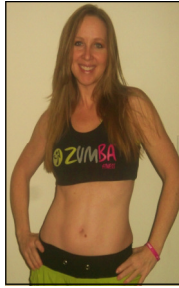
Zumba with Deb Monday & Wednesday

This program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away.

Date: Monday & Wednesday Classes 5:30pm

Cost/Reg: \$5 per class, Drop In or Pay \$40 for 10 classes

Instructor: Deb Hargett Open to ages 10+



Zumba with Stacey Friday

This program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away.

Date: Friday Class 10:00 am

Cost/Reg: \$5 /class, Drop In or Pay \$40 for 10 classes

Instructor: Stacey Biegler Open to ages 10+



Tai Chi with Machiko

Move, stretch, flow - you really have to try it! Tai-Chi is great for improving balance and preventing falls. The instructor, Machiko Shirai is a Gold Medalist in Tai-Chi. Class sessions are \$35 for each six week session.

Date: Tuesdays 3-4 pm

Cost/Reg: \$35 for six weeks

Instructor: Machiko Shirai



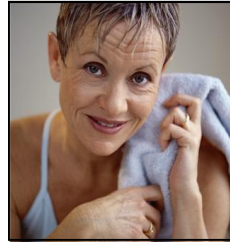
Yoga with Lila

Try an easy style of Yoga, sitting in a chair or on the floor. This is a great strengthening, stretching and stress reliever program, which is gentle on the body.

Date: Mon & Wed, 2:30-3:30pm

Cost/Reg: \$5 each visit, Drop In

Instructor: Lila



Adult Self Defense with Master Martin

Learn to defend yourself with our easy-to-learn, yet effective program is great for anyone 16 years & over. Class taught by former World Championship competitor and master instructor Gary Martin.

Date: Tuesday & Thursdays, 7-8pm

Cost/Reg: \$89/mo.

Instructor: Gary Martin 541.321.2185



Teens at JC3 541.998.4767 ORI Tai Chi 541.434.1519

Teen Activities

So you're a teen. What do you like to do? What would you like to learn? Where would you like to visit? The Center is looking for teens who would be interested in sharing their ideas. The Community Center is looking for you! Come visit us on Monday's from 6-8:30pm

Need Community Service Hours for High School?

Call 541-998-4767

Teen Volunteer Opportunities:

- Office Reception
- Computer
- Facility Improvement
- Leaders In Training
- Gardening/Recycling
- Afterschool & Camp
- 4 Sunshine helpers



ORI Tai Chi: Moving for Better Balance conducted by Oregon Research Institute

Participants attend class, twice weekly, for 48 consecutive weeks beginning in September 2012: learning and practicing a series of simple, slow, and rhythmical movements aimed at improving balance, strength and reducing the risk of falling. Participants must be: 1) 65 years of age or older, 2) able to engage in mild exercise without incurring medical problems, and 3) approved by a healthcare provider. People interested in participating may contact the research staff at Oregon Research Institute, (541) 434-1519, ask for the Community Tai Chi Project. Class held at the JC Community Center on Monday & Wednesday from 10:00-11:00 am. Classes are offered **free** of charge to enrolled program participants.



Driving at JC3 541.998.4767

AARP Driver Safety

Refresh your skills and knowledge. Completion of this course may entitle you to a discount on your insurance premiums. Students must pre-register by calling the Junction City Community Center at 541.998.4767. This is a one day class.



Date: Thursday, November 15 10-4:30 pm

Cost/Registration: \$14 paid to the instructor
Call 541-998-4767 to pre-register.

Service Leader: AARP Driver Program

Class and Pre-registration is through Junction City Community Center, 175 West 7th Avenue
541.998.4767

RENTALS at JC3

Meeting?

Baby Shower?

Fundraiser?



Special Class?
Holiday Party?

You may want to consider the Junction City Community Center (JC3). With several options available, most events can be accommodated.

**Call 541.998.4767
for more information.**

Viking Sal Senior Center & Upcoming Activities 541.998.1556

Big Hush Silent Auction
Sunday, November 4, 2012
St Helen Parish Hall
4-6:30pm



Come enjoy Nosh while you browse and bid on the hundreds of available items at the Big Hush Silent Auction.

**Tickets: \$15 in advance
\$20 at the door**

**For More Information
Call Viking Sal at
541.998.4767**



Breakfast with Santa - 12/8

Direct from the North Pole and for one day only . . .

Saturday, December 8 from

8:30 - 11 am the Viking Sal

will offer the Annual

Breakfast with Santa. This

family event includes visits with jolly old St. Nick,

pancakes, eggs, orange juice, ham, and coffee

or tea for **Advance breakfast tickets are \$4 per**

adult and \$2 per child under twelve. Adult

tickets purchased at the door are \$5. Tickets

will be available at the Viking Sal or at the

door. All proceeds benefit Viking Sal.



Junction City Public Library

Junction City Public Library is a municipal library. The in-house collection consists of popular materials in adult and youth fiction and non-fiction. The on-line offerings are diverse, from downloadable audio books to medical reference.

The Library provides free borrowing privileges to people living within the city limits, along with on-site and most on-line services to visitors.

The library holds over 22,000 items including books, magazines, dvds and audio books. These are available for check-out.

Our Mission

The Junction City Public Library will provide high demand materials for all ages, covering a wide spectrum of interests, as well as practical reference materials to meet individual information needs.

Recognizing that developing one's knowledge base contributes to life-long learning, thus improving the quality of life, the library will provide resources to enrich this educational experience.

The trained library staff will help link people with ideas by making print and electronic tools easily accessible and by offering assistance when needed.

Links

Various institutions within our county have

developed important on-line links, e.g. health, employment and education, for Junction City users, be sure to spend some time on the library website.
www.junction-city.plinkit.org

County Cooperative

Lane County has five municipal libraries, including ours and three library districts.

We have a reciprocal book borrowing system, using the inter-library loan procedure. As yet, library cards are only recognized in the library of origin.

Amo Leer Collection

Junction City Public Library house a collection of 800+ Spanish language books for children. An adult Spanish book collection is currently developing.

Out of town cards

Since there are plenty of people who need to use a library and who do not live in town, it is possible to get an out of town library card. The library charges \$50 for a household for one year, or \$40 for households with a member age 60 or better.

The fee was calculated based on what a typical household would pay in property taxes per year. For those who cannot afford the fee, the Friends of the Junction City Public Library may be able to help.

LOCATION

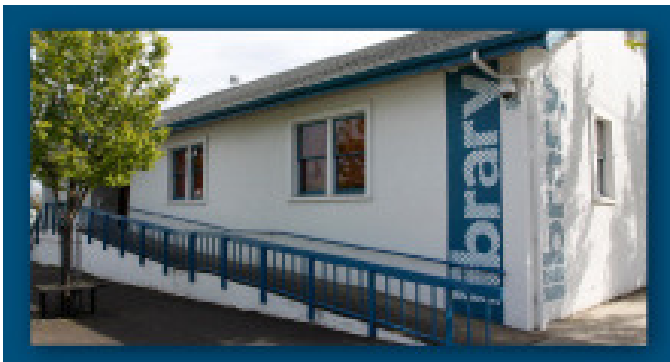
726 Greenwood St.
Junction City,
OR 97448
541.998.8942

HOURS

Mon. & Tues.
Noon - 7:00
Wed. & Thurs.
Noon - 6:00
Sat. 10:00 - 3:00

Closed

Friday & Sunday



Website: www.junctioncityoregon.gov

Go to: Departments & Services > Public Library

Junction City Parks - Get Out & Play - Pride in Parks



Bailey Park

Acreage: 2.6 acres. Year Built: 1976. East end of Bryant Street. 50' high Oak trees define the edge on the west and south boundary at the perimeter of

an open lawn area with a pathway running through. A playground is located on the southeastern corner with two play structures and benches at its perimeter. The park includes two tennis courts with lighting for night usage.



Tequendama Park

Acreage: 0.5 acres. Year Built: 1981. Timothy So. off of W 6th. Tequendama Park is located adjacent to Junction City High School. A bike/

pedestrian path is located along the eastern boundary of the park. Additionally, two pathways extend to Shara Place and Saxon Place. A pathway also extends east from the park along the south side of the High School. The park includes playground equipment as well as a small basketball court. There is one picnic table and a bench in the park for seating.



Oak Meadows Park

Acreage: ~ 0.77 acres. Year Built: 2002. Yew North off of W. 10th. Oak Meadows Park was constructed as a part of a new subdivision development. The park includes play

structure and basketball court, path into and around the park space, surrounding an open lawn area. The landscaping utilizes a wide range of plant species providing seasonal interests and variation of texture.



Laurel Park

Acreage: 1.45 acres. Year Built: 1920's. Laurel Park is located next to the Junction City Municipal Swimming Pool (Max Strauss Pool), and Laurel Elementary School at 14th and Kalmia.

The park includes two shelter areas. The larger shelter structure has enclosed rooms on either side of an open court area. The smaller shelter structure is a gazebo and includes sinks, electrical outlets and picnic tables. The gazebo is available for rent. If interested please contact the City Recorder at 541-998-2153 for a rental application.

Toftdahl Park

Acreage: ~ 0.87 acres. Year Built: 1999. 15th and Laurel. The park is surrounded by single family homes to the north, the Municipal Swimming Pool to the south, Dutch's field to the east and School District athletic fields to the west. The park is connected to 17th Avenue though a bike path. The park includes a play structure and basketball court.



Dutch's Field

Acreage: ~ 1.9 acres Year Built: Originally built in 1930's. 14th & Kalmia. The field has bleachers, small press-box, electronic scoreboard and field lights for nighttime play. There is a parking lot between the field and the Max Strauss Pool to service the field as well as ample on-street parking. Dutch's Field is available for rent. If you are interested please contact the City Recorder at 541-998-2153.



Founders Park

Acreage: 0.25 acres Year Built: 1980. Founders Park is located in the middle of downtown Junction City at 5th and Holly Streets. The park includes a 1905 Finnish locomotive #418. The park is used as a focal point for the City's annual Scandinavian Festival and provides a seating area and Veterans memorial placard.



Bergstrom Park

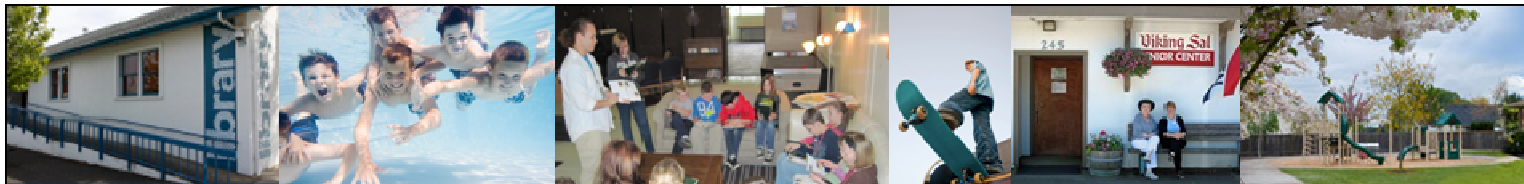
Acreage: 2.0 acres. Year Built: 1980. 5th and Dorsa. Bergstrom Park is surrounded by farmlands to the north and east. A bike path extends to Alder Street from the park providing an alternative access point. The park includes a basketball court and a wall for tennis or wall ball.



Lyle Day Park

Acreage: 2 acres. Year Built: 1983. Between 5th and 6th Avenues and Elm and Deal. A pedestrian path meanders through the open lawn with pedestrian lights connecting the two streets. The park includes a tennis court, half basketball courts and playground equipment.





JUNCTION CITY COMMUNITY SERVICES DEPARTMENT MAIN OFFICE

PO Box 250
175 West 7th Avenue
Junction City, OR 97448
541.998.4767

PLEASE
PLACE
STAMP
HERE



Junction City Community Services Department Sites

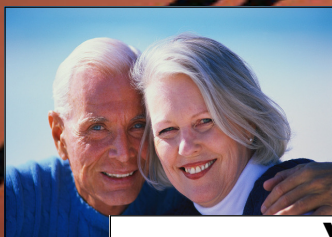


Department Director,
Melissa Bowers 541.998.4767



JC Community Center (JC3)
175 W 7th Avenue
541.998.4767 MWF 11am –6pm

Junction City Public Library
726 Greenwood Street
Library Director,
Lynn Frost 541.998.8942



Parks Division
Parks Lead,
Rick McClintock



Viking Sal
245 W 5th Avenue
Viking Sal Program Lead,
Marcia Scalise 541.998.1556
(Has a full Viking Sal Program Guide)

Max Strauss Seasonal Pool
1515 Laurel Street
Off Season 541.998.4767
Summer 541.998.3621